



Biography – Janet Tanguay

Entrepreneurial Assistance Coordinator

Albany-Colonie Regional Chamber of Commerce

Janet Tanguay started her career in radio, video and film as an Associate Producer for a Vermont-based radio station and a New Hampshire-based film and video production company. She moved to Schenectady, New York in 1989 to continue her career in video and film production at Mountain View Productions. She then took a turn into human resources and managed a branch office at national staffing company Manpower for ten years. She left this position in 2004 to pursue her passion of writing and the arts. After writing two children's books, "Dustbunnies Don't Eat Carrots" and "Be Bee", producing a 35th anniversary video for Schenectady County Community College's 35th anniversary celebration and starting her own company, Art n Soul, Inc. (www.artnsoulinc.com), she took a position at the Albany Colonie Regional Chamber of Commerce as the Entrepreneurial Assistance Coordinator. Janet now helps small businesses launch and grow. She holds a Bachelor's Degree in English from the University of Vermont and in 2001 obtained certification as an Expressive Arts Therapist/Creativity Coach from Glass Lake Studio (now called New York Expressive Arts), a European Graduate School, Saas Fe, Switzerland affiliate. She donates her art work to many causes per year and enjoys teaching artists the business of art.